

# Career & Technical Education | Arts & Communication

## Fundamentals of Dance

**Subject Code: 340216**

### Outcome & Competency Descriptions

#### Course Description:

Students will explore dance as a career field and various career opportunities within the field. Students learn the necessary skills and aptitudes to be a successful dancer, exhibiting various dance steps and the artistic dynamics of performance. Maintenance of physical and mental health is prioritized. The course will focus on introducing students to the vocabulary and fundamentals of dance as well as the relationships among theatrical disciplines.

#### Strand 1. Business Operations / 21st Century Skills

Learners apply principles of economics, business management, marketing, and employability in an entrepreneur, manager, and employee role to the leadership, planning, developing, and analyzing of business enterprises related to the career field.

#### Outcome: 1.1. Employability Skills

Develop career awareness and employability skills (e.g., face-to-face, online) needed for gaining and maintaining employment in diverse business settings.

#### Competencies

- 1.1.1. Identify the knowledge, skills, and abilities necessary to succeed in careers.
- 1.1.2. Identify the scope of career opportunities and the requirements for education, training, certification, licensure, and experience.
- 1.1.3. Develop a career plan that reflects career interests, pathways, and secondary and postsecondary options.
- 1.1.4. Describe the role and function of professional organizations, industry associations, and organized labor and use networking techniques to develop and maintain professional relationships.
- 1.1.5. Develop strategies for self-promotion in the hiring process (e.g., filling out job applications, resumé writing, interviewing skills, portfolio development).
- 1.1.7. Apply problem-solving and critical-thinking skills to work-related issues when making decisions and formulating solutions.
- 1.1.9. Give and receive constructive feedback to improve work habits.
- 1.1.10. Adapt personal coping skills to adjust to taxing workplace demands.
- 1.1.12. Identify healthy lifestyles that reduce the risk of chronic disease, unsafe habits, and abusive behavior.

**Outcome: 1.2. Leadership and Communications**

Process, maintain, evaluate, and disseminate information in a business.  
Develop leadership and team building to promote collaboration.

**Competencies**

- 1.2.1. Extract relevant, valid information from materials and cite sources of information.
- 1.2.2. Deliver formal and informal presentations.
- 1.2.3. Identify and use verbal, nonverbal, and active listening skills to communicate effectively.
- 1.2.4. Use negotiation and conflict-resolution skills to reach solutions.
- 1.2.7. Use problem-solving and consensus-building techniques to draw conclusions and determine next steps.
- 1.2.11. Write professional correspondence, documents, job applications, and resumés.
- 1.2.12. Use technical writing skills to complete forms and create reports.
- 1.2.14. Use motivational strategies to accomplish goals.

**Outcome: 1.3. Business Ethics and Law**

Analyze how professional, ethical, and legal behavior contributes to continuous improvement in organizational performance and regulatory compliance.

**Competencies**

- 1.3.2. Follow protocols and practices necessary to maintain a clean, safe, and healthy work environment.
- 1.3.5. Access and implement safety compliance measures (e.g., quality assurance information, safety data sheets [SDSs], product safety data sheets [PSDSs], United States Environmental Protection Agency [EPA], United States Occupational Safety and Health Administration [OSHA]) that contribute to the continuous improvement of the organization.
- 1.3.7. Identify the labor laws that affect employment and the consequences of noncompliance for both employee and employer (e.g., harassment, labor, employment, employment interview, testing, minor labor laws, Americans with Disabilities Act, Fair Labor Standards Acts, Equal Employment Opportunity Commission [EEOC]).

**Outcome: 1.4. Knowledge Management and Information Technology**

Demonstrate current and emerging strategies and technologies used to collect, analyze, record, and share information in business operations.

**Competencies**

- 1.4.5. Use information technology tools to maintain, secure, and monitor business records.
- 1.4.6. Use an electronic database to access and create business and technical information.
- 1.4.7. Use personal information management and productivity applications to optimize assigned tasks (e.g., lists, calendars, address books).

**Outcome: 1.5. Global Environment**

Evaluate how beliefs, values, attitudes, and behaviors influence organizational strategies and goals.

**Competencies**

- 1.5.7. Use intercultural communication skills to exchange ideas and create meaning.

**Outcome: 1.6. Business Literacy**

Develop foundational skills and knowledge in entrepreneurship, financial literacy, and business operations.

**Competencies**

- 1.6.5. Describe organizational structure, chain of command, the roles and responsibilities of the organizational departments, and interdepartmental interactions.
- 1.6.6. Identify the target market served by the organization, the niche that the organization fills, and an outlook of the industry.
- 1.6.9. Explain how the performance of an employee, a department, and an organization is assessed.
- 1.6.12. Describe classifications of employee benefits, rights, deductions, and compensations.

**Outcome: 1.7. Entrepreneurship/Entrepreneurs**

Analyze the environment in which a business operates, and the economic factors and opportunities associated with self-employment.

**Competencies**

- 1.7.4. Assess the roles of nonprofit and for-profit businesses.
- 1.7.9. Conduct a self-assessment to determine entrepreneurial potential.
- 1.7.10. Describe techniques for obtaining experience (e.g., apprenticeship, co-operative [co-op] education, work placement, internship, job shadowing) related to an entrepreneurial objective.
- 1.7.13. Protect intellectual property and knowledge (e.g., copyright, patent, trademark, trade secrets, processes).

**Outcome: 1.8. Operations Management**

Plan, organize, and monitor an organization or department to maximize contribution to organizational goals and objectives.

**Competencies**

- 1.8.1. Forecast future resources and budgetary needs using financial documents (e.g., balance sheet demand forecasting, financial ratios).
- 1.8.2. Select and organize resources to develop a product or a service.
- 1.8.4. Identify alternative actions to take when goals are not met (e.g., changing goals, changing strategies, efficiencies).
- 1.8.8. Identify routine activities for maintaining business facilities and equipment.

- 1.8.9. Develop a budget that reflects the strategies and goals of the organization.

**Outcome: 1.9. Financial Management**

Use financial tools, strategies, and systems to develop, monitor, and control the use of financial resources to ensure personal and business financial well-being.

**Competencies**

- 1.9.1. Create, analyze, and interpret financial documents (e.g., budgets, income statements).
- 1.9.4. Identify credit types and their uses in order to establish credit.
- 1.9.5. Identify ways to avoid or correct debt problems.
- 1.9.7. Review and summarize categories (types) of insurance and identify how insurances can reduce financial risk.
- 1.9.8. Identify income sources and expenditures.

**Outcome: 1.10. Sales and Marketing**

Manage pricing, place, promotion, packaging, positioning, and public relations to improve quality customer service.

**Competencies**

- 1.10.8. Use promotional techniques to maximize sales revenues (e.g., advertising, sales promotions, publicity, public relations).

## **Strand 2.**

### **Design**

Learners apply the elements and principles of design and compositional techniques to create works of art and visual layouts for both tactile and digital art forms.

#### **Outcome: 2.1.**

#### **Arts Elements and Design Principles**

Analyze works of art for the art elements and the design principles needed to create professional products.

#### **Competencies**

- 2.1.1. Describe art elements of line, value, color, shape, space, form, and texture in various media that are used individually or in combination.
- 2.1.2. Identify specific characteristics (i.e., positive and negative, organic, geometric, quality, weight, direction, variety, unity, balance, symmetry) of art elements that communicate and express ideas.
- 2.1.3. Determine how and when to apply the principles of design, including unity, variety, balance, movement, emphasis, visual hierarchy, and proportion/scale to communicate ideas.
- 2.1.4. Identify, compare, and contrast unity and variety within a design (e.g., formal/symmetrical, informal/asymmetrical, and radial balance).
- 2.1.5. Observe movement shown through repetition, pattern, and rhythm.
- 2.1.6. Interpret emphasis through contrast, isolation, size, and placement.
- 2.1.7. Identify visual hierarchy used to establish dominance.
- 2.1.8. Recognize the use of proportion/scale.

#### **Outcome: 2.2.**

#### **Color Theory**

Assess the use of color for commercial design.

#### **Competencies**

- 2.2.8. Compare and contrast choices using the psychology of color.
- 2.2.9. Critique the use of color schemes (e.g., primary, secondary, tertiary, analogous, complementary, triads, monochromatic) in various media.

## **Strand 7. Performance**

Learners apply knowledge and skills for performance, including roles, processes, procedures, and production design.

### **Outcome: 7.1. Interrelationships**

Examine and explore how music, dance, and theatre disciplines connect to create a production.

#### **Competencies**

- 7.1.1. Identify the similarities and differences in preparation and audition among the performing arts disciplines.
- 7.1.2. Evaluate the importance of the audience and its relationship to the performance.
- 7.1.3. Explain the differences between practice, rehearsal, tech week, and performance.
- 7.1.4. Explain the level of skill and training to reach a professional production level of a performance.
- 7.1.5. Describe and critique the elements of a performance from an audience member's perspective.
- 7.1.7. Describe the role of the stage manager.

### **Outcome: 7.2. Genres**

Analyze and critique the stylistic differences among genres.

#### **Competencies**

- 7.2.1. Describe, compare, and contrast various styles and traditions.
- 7.2.2. Identify and compare the lives, works, and influence of significant individuals in various cultures, traditions, and historical periods.
- 7.2.3. Compare and contrast characteristics (e.g., technique, form, content) of genres from a particular time period or area of influence.
- 7.2.4. Explain the influence of social context, historical periods, and culture in the development of a performance.

### **Outcome: 7.3. Basic Movement**

Execute basic movement concepts in performance.

#### **Competencies**

- 7.3.1. Use exercises that build strength, stamina, flexibility, agility, and coordination in locomotor and non-locomotor movements.

- 7.3.2. Apply appropriate alignment, isolation, strength, flexibility, agility, and coordination in locomotor and non-locomotor movements.
- 7.3.3. Perform various examples of dance steps and movements within a dance genre.
- 7.3.4. Exhibit stage presence, confidence, and focus.
- 7.3.5. Exhibit aesthetic awareness, creation of line, rhythm, musicality, expression, and movement dynamics.
- 7.3.6. Perform an extended movement sequence or dance sequence from memory.

**Outcome: 7.4.      Space, Time, and Energy**

Exhibit the use of space, time, and energy through performance.

**Competencies**

- 7.4.1. Understand the differences among and work within theatrical and non-theatrical spaces, conventional and non-conventional spaces, and structured and unstructured spaces.
- 7.4.2. Use space and dynamics in solo and ensemble performances.
- 7.4.3. Respond to meter, rhythmic pattern, and phrasing in a performance.
- 7.4.4. Apply various patterns in performance movements.

**Outcome: 7.14.      Performance Demands**

Meet the physical, vocal, and psychological demands of performance.

**Competencies**

- 7.14.1. Apply the warm-up process and other techniques that prevent strain on various parts of the body and voice.
- 7.14.2. Recognize the levels of physical and mental stress as potential risk factors to the body's various movements.
- 7.14.3. Develop techniques to enhance a performance based on the knowledge of anatomy and physiology.
- 7.14.4. Develop a nutrition plan and lifestyle choices that support optimal performance and reduce stress and injury.
- 7.14.5. Anticipate the physical requirements of a performance.
- 7.14.6. Overcome psychological stresses to minimize their impacts on a performance.
- 7.14.7. Demonstrate strategies to manage and relieve anxieties.

**Outcome: 7.15.      Rehearsal and Audition**

Establish skills and habits necessary for auditions, individual practice, and rehearsals.

**Competencies**

- 7.15.1. Plan for different types of auditions and adapt to in-person, audio, and video format requirements.
- 7.15.2. Select the audition material that meets the expectations of the company or individual holding the audition.
- 7.15.3. Prepare physically and mentally for rehearsal and audition demands.

- 7.15.5. Prepare for an audition by identifying required elements including pre-screens, reels, portfolios, resumes, headshots, and websites.